

# FACE COVERINGS ARE REQUIRED IN ALL SPC BUILDINGS

IF YOU ARE EXPERIENCING ANY OF THESE **COVID-19** SYMPTOMS,  
PLEASE DO NOT COME TO CLASS AND RETURN HOME.



FEVER



COUGH



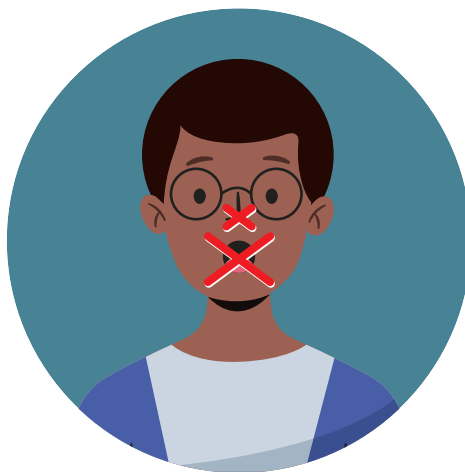
CHILLS



MUSCLE  
PAIN



SHORTNESS OF BREATH OR  
DIFFICULTY BREATHING



NEW LOSS OF  
TASTE OR SMELL



SORE  
THROAT

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes **COVID-19**.

## SEEK MEDICAL CARE IMMEDIATELY IF SOMEONE HAS EMERGENCY WARNING SIGNS OF COVID-19

- Trouble Breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.